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GRATITUDE





Access + Inclusion = Connection

Dear Girls on the Run Puget Sound Champions,

The most important goal for Girls on the Run Puget Sound is providing access to our program to as many girls as possible in our communities. These Girls on the Run participants become tomorrow's leaders; empowered to make healthy decisions, capable of speaking up for themselves and others, and confident that their voice is important.

This past year was groundbreaking as we completed our transition from two seasons per year to one season, challenging ourselves to give more first-time participants access to our program. Our move to one season also meant more coaches to recruit than ever before, more volunteer running buddies, and more 5k volunteers to help with one giant and incredibly inspiring 5k.

Our vision for 2020 of more girls accessing our program and more volunteers participating from new communities is well on its way to the finish line and we anticipate serving 1900 girls in 2017-18.

Another huge milestone for us was the release of a compelling independent research study that provides data-based evidence that 97% of GOTR participants gained critical life skills such as managing emotions, helping others, resolving conflicts, and intentional decision making. As one girl participating in the study put it, "I will continue to teach others what I learned at GOTR and carry it with me the rest of my life." Please read more about our program's unique impact on girls at www.girlsrun.org/breaking-news.

Girls on the Run is highly effective at driving transformative and lasting change in the lives of young girls. We will continue to find ways to increase access so all girls can boldly pursue their dreams.

Girl Power!

Pam Olsen
President

Kerin Brasch
Executive Director

“*Girls on the Run helped me gain self confidence in myself so now I tell myself 'I can do it' when times get tough.*”

- GOTR Participant ”

Mission

We inspire girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running.

Vision

We envision a world where every girl knows and activates her limitless potential and is free to boldly pursue her dreams.

“This program has given her so much. New friends that she would not have interacted with at school, as well as compassion, empathy and teamwork. We love everything about it.”

-GOTR Parent



We believe that every girl

Can embrace who she is

Can define who she wants to be

Can rise to any challenge

Can change the world.

CAN.

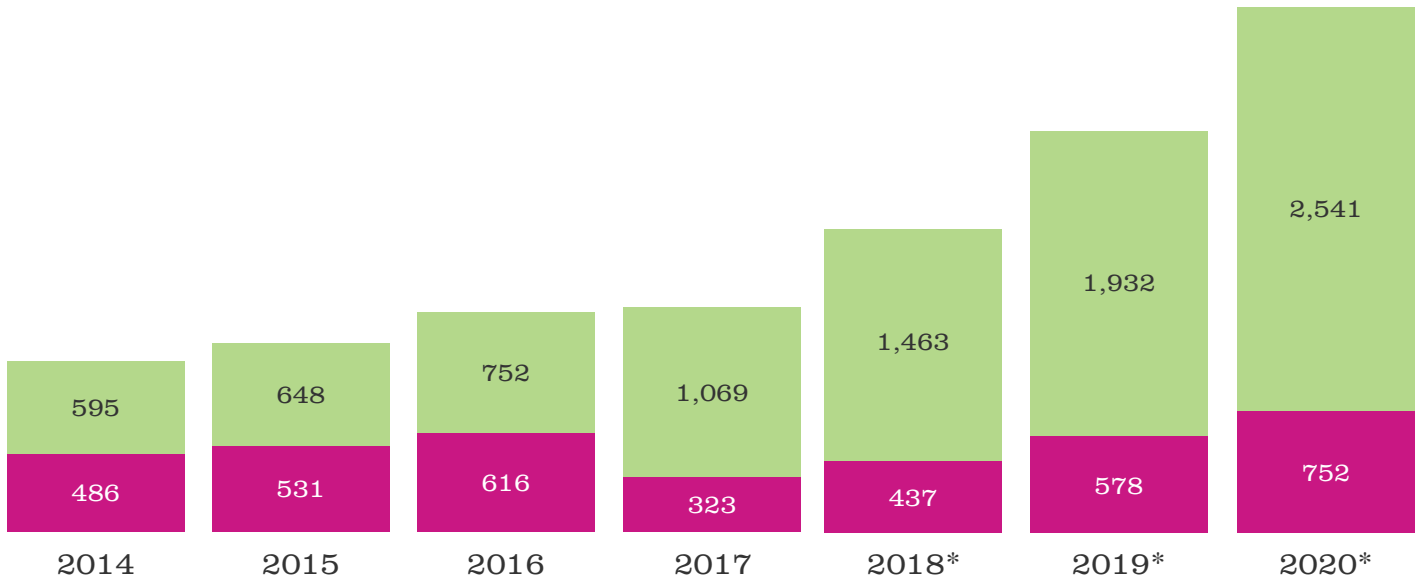


“Girls on the Run taught me that a team is like a family.”

-GOTR Participant



Character



Fiscal Years

*The numbers listed in 2018-2020 are projections and are subject to change

“ She has learned leadership skills, bravery, confidence, and openness in trying new things.

- GOTR Parent

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REMARKABLE
Caring
 brave Loyal



REMARKABLE
Competence
 brave Loyal



AMAZING REMARKABLE
CAPABLE brave

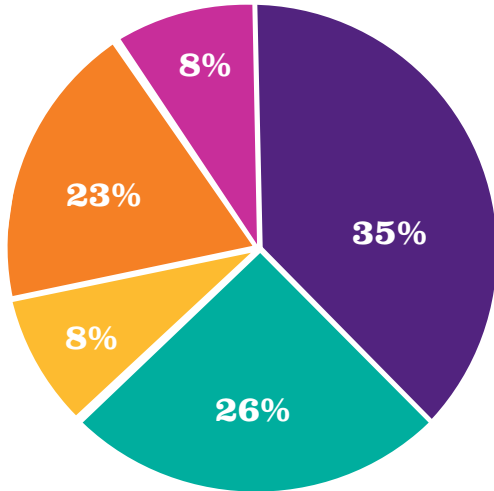
Confidence



ADVENTUROUS

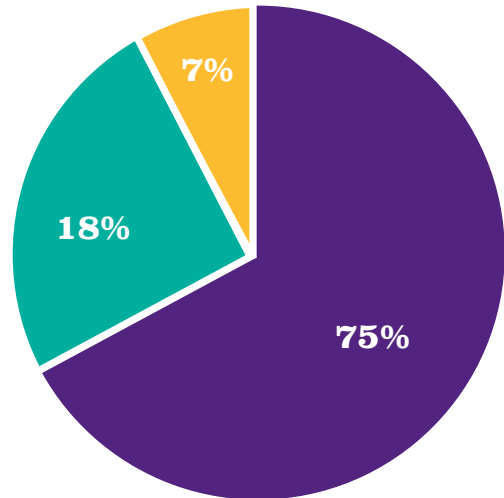
Connection

Financials



REVENUE
\$470,723

- Program Fees
- Corporate Support
- Special Events
- Individual Donations
- Grants/Foundations



EXPENSES
\$478,465

- Program
- Fundraising
- Administration

Thank You

Energy cheers to all who helped make 2016-2017 an innovative and inspiring year for Girls on the Run! Special thanks to our volunteers, donors, and sponsors for their generous contributions in support of our program and 5k event.

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Super Gratitude to our



1,164

Running Buddies



350

Coaches



91

Practice Partners



7

Pacers

Get Social With Us!

Follow Girls on the Run of Puget Sound for pictures of girls in action and the latest GOTR news.



Follow us on:



Girls on the Run Puget Sound

1404 East Yesler Way, Suite 201
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www.girlsrun.org

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