



## Fall 2015 Important Dates

### **Start of the Season**

- Monday/Wednesday Groups: Monday, October 5<sup>th</sup>
- Tuesday/Thursday Groups: Tuesday, October 6<sup>th</sup>

### **Running Buddy Deadlines**

- Sunday, November 15<sup>th</sup>: Running Buddy sign-ups close at 11:59pm.

### **Lesson 17: The Practice 5k**

- Monday/Wednesday Groups: Wednesday, December 2<sup>nd</sup>
- Tuesday/Thursday Groups: Thursday, December 3<sup>rd</sup>

### **Girls on the Run 5k**

- Saturday, December 12<sup>th</sup>, 2015
- Magnuson Park, Seattle
- 5K starts at 9:30am. Coaches arrive at 8:30am; Girls and Running Buddies arrive at 8:45am.

### **End of the Season – Final Celebration!**

- Monday/Wednesday Groups: Monday, December 14<sup>th</sup>
- Tuesday/Thursday Groups: Tuesday, December 15<sup>th</sup>

### **TBA**

- Site Visits
- No school/early release dates specific to schools/districts
- Coach Appreciation Celebration!