



You're Changing Girls' Lives, 600 Girls at a Time!

We are regularly humbled by the generosity of our community, but the support we received at the Sneaker Soiree literally blew us away. We are incredibly grateful to everyone who supported us through the Sneaker Soiree and are thrilled to announce that ***we raised over \$121,000 to expand our girl empowerment program this spring!*** These funds will allow us to add 40 NEW Girls on the Run teams in 2018. That's 600 *additional* girls that will get to experience our youth development program and learn valuable life skills to live healthy and intentional lives.

If you missed the event, it's not too late to help us offer our life changing program to new communities and girls! We plan on serving 1,900 girls this spring, with a goal of serving 3,300 girls per year by 2020. [Donate today](#) to help us make this a reality.

DONATE TO HELP US GROW

Now Recruiting NEW Sites Deadline to Apply Dec 15th

Thanks to the generosity of our Soiree attendees we're expanding our program to new communities this spring. Know of a school or community center that doesn't currently offer Girls on the Run? Help bring GOTR to a neighborhood near you by applying to create a new site! Learn more about the requirements

and site application process at the link below.



[Start New GOTR Site](#)

Be the Role Model Girls Need Now Recruiting Coaches for Spring

In a recent study, Girls on the Run participants indicated that their coaches understood them, encouraged them to ask questions, and listened to them. Life can come at girls fast! Sign up as a Girls on the Run coach this spring to ensure local girls have a positive and encouraging adult to guide them and look up to. Click below to learn more about our coaching opportunities!



[Coach 3rd-5th Grade Girls](#)

[Coach 6-8th Grade Girls](#)

Meet October's Girl Hero

Assistant Superintendent and Sneaker Soiree Speaker Extraordinaire



Energy cheers to our Sneaker Soiree keynote speaker, David Wellington, who's been a dedicated champion for Girls on the Run for over half a decade! At last Thursday's event, David shared his personal connection to the Girls on the Run program as well as his perspective on the [exciting new research](#) from Girls on the Run International. His enthusiastic and passionate appeal to our audience resulted in our biggest Soiree total ever; over \$121,000 to support 40 teams (600 girls!) in our upcoming Spring 2018 season.

[Read More](#)

Let's Get Social! Join us on:



Girls on the Run of Puget Sound
(206) 528-2118 | www.girlsrun.org