



Thank You for Believing and Investing in Our Girls

With the holiday season fast approaching, we're reflecting on our year with gratitude for your generous gifts of time, resources, and support. Thanks to donors and volunteers like you, we're on target to reach **1,900 amazing girls in spring 2018!** What does that look like? 430 volunteer coaches will cheer on over 140 teams, delivering a brand new curriculum that engages the girls in confidence boosting and empowering lessons in brand new and exciting ways. Our future is bright and we can't thank you enough for your role in our growth.

As we expand our reach, we are committed to serving ALL girls, regardless of ability to pay. Last year, nearly 60% of our girls requested financial aid to participate in our program, and we are proud to say that every single girl that requested a scholarship received one. Our year-end appeal kicks off this month; please join us in making a gift to support our community. Your thoughtful donation this holiday season will help us meet our goal of providing more than \$193,000 in scholarship funds this spring!

[DONATE FOR SCHOLARSHIPS](#)

We Need YOU More Than Ever 250 Coaches Needed for Spring!

If you've ever considered coaching, now is the time! We are still in need of 250 to ensure we can reach 1,900 girls this spring. Help us by [applying as a coach today!](#) Coaches do not

need to be runners or have prior coaching experience, we provide all the training, curriculum and materials. You and your co-coach(es) meet your team twice per week and provide a safe space for each girl to find her own voice and speak up for what she believes in.



[Learn More: Coach 3rd-5th Grade Girls](#)

[Learn More: Coach 6-8th Grade Girls](#)

Mark Your Calendars Girl Registration Opens Dec 4th!

Girl registration opens for the 2018 season on December 4th. Our season will run from March through May, with the celebratory Girls on the Run 5K taking place on Sunday, May 20th. Teams fill quickly so don't delay, submit your application online early for the best chance at securing your girl's spot on a team!



Exciting News: We've got a brand new curriculum this year!

Meet November's Girl Hero

Long-Time Coach and Girl Advocate, Kim Robinson



Long-time GOTRPS coach, Kim Robinson, stands out even among all of the incredible women who volunteer for us each year. Kim has volunteered her time for NINE different program seasons, nine different GOTR teams and to 110+ girls. She continues year after year to bring inspiration and energy to every single practice and is an incredible role model for our program participants.

We recently selected a group of exemplar, experienced coaches to serve as “Coach Ambassadors” who will help GOTRPS recruit and diversify our volunteer coaching pool. We are committed to providing coaches that represent the diversity of our program participants to provide as many different, positive role models as possible to girls who need them. Kim enthusiastically signed up to help with this task! Thanks to the support of Kim and our other Coach Ambassadors, we will be able to expand our reach and ensure all girls have someone positive they can look up to this spring.

[Read More](#)

Let's Get Social! Join us on:



Girls on the Run of Puget Sound
(206) 528-2118 | www.girlsrun.org