



Don't Miss the Girls on the Run Auction: March 31th

Tickets are going fast for our 2016 Girls on the Run Auction! Buy your tickets soon--the event looks to sell out. Wine pull and auction packages, complimentary craft beer from Mac & Jacks Brewery and delicious wine & hors d'oeuvres by Herban Feast Catering make this an event you don't want to miss.

Learn more about the fun night [here](#).

Buy Tickets

March 11: Running Buddy Registration Opens

You can help a girl complete her goal of finishing a 5K by signing up as a Running Buddy for our Spring 5K on May 7, 2016.

What you need to know:

- You don't need to be runner, just believe that girls can achieve anything they set their minds to.

- Logistics: Running Buddies must be 16 years old, consent to a background check and be available for the both the girls' practice 5K and the final 5K.

Learn More

April 25-May 1: Practice Awesome 5K

Make awesome things happen when you sign up for the Practice Makes Awesome 5K. Practice Makes Awesome participants will support our girls in their spring 5K's. How? You design your own awesome 3.1 miles. From Green Lake to the snowy trails of Mt. Rainier, you can run anywhere in support of Girls on the Run. Learn more and register for the Practice Makes Awesome 5K on [our website](#).



Register

Meet March's Girl Hero!

Auction Super Star, Emily Phillips



This month we're shining the spotlight on Emily Phillips! Emily is a long-time supporter of Girls on the Run and has shared her organizational and leadership talents with us as our 2016 Auction Procurement Chair. With her friendly personality and knack for creating masterpieces spreadsheets, Emily is the perfect volunteer for this role and has done an amazing job connecting us with community members and businesses that wish

to support the auction.

[Read More](#)

Girls on the Run of Puget Sound
(206) 528-2118 | www.girlsrun.org

Let's Get Social!

