

Program Site	Practice 5K	Practice 5K Location	Girls on the Run 5K	GOTR 5K Location
Alki Elementary	Monday April 30, 2012 from 3:15-4:45pm	West Seattle (3010 59th Ave SW, Seattle, WA 98116)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Bow Lake Elementary A	Tuesday May 1, 2012 from 4:00-5:15pm	SeaTac (18237 42nd Ave S, SeaTac WA 98188)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Bow Lake Elementary B	Tuesday May 1, 2012 from 4:00-5:15pm	SeaTac (18237 42nd Ave S, SeaTac WA 98188)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Broadview-Thomson K-8	Monday April 30, 2012 from 3:45-5:15pm	North Seattle (13052 Greenwood Ave N, Seattle, WA 98133)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Brookside Elementary	Monday April 30, 2012 from 3:30-5:00pm	Lake Forest Park (17447 37th Ave NE, Lake Forest Park, WA 98155)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Cascade View Elementary	Tuesday May 1, 2012 from 3:30-5:00pm	Tukwila (13601 32nd Ave S, Tukwila, WA 98168)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Clyde Hill Elementary	Tuesday May 1, 2012 from 2:30-4:00pm	Bellevue (9601 Northeast 24th Street Clyde Hill, WA 98004)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Coe Elementary	Monday April 30, 2012 from 3:10-4:40pm	Queen Anne, Seattle (2424 7th Ave W, Seattle, WA 98119)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Greenwood Elementary	Tuesday May 1, 2012 from 3:10-4:30pm	Greenwood, Seattle (144 NW 80th St, Seattle, WA 98117)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Highland Park Elementary	Monday April 30, 2012 from 3:40-5:00pm	Highland Park, Seattle (1012 SW Trenton St., Seattle WA 98106)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle

John Hay Elementary	Tuesday May 1, 2012 from 3:40-5:00pm	Queen Anne, Seattle (201 Garfield St, Seattle, WA 98109)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
John Muir Elementary	Monday April 30, 2012 from 3:00-4:30pm	Rainier Valley, Seattle (3301 S Horton St, Seattle, WA 98144)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Lake Forest Park Elementary	Monday April 30, 2012 from 3:30-5:00pm	Lake Forest Park (18500 37th Ave NE, Lake Forest Park, WA 98155)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Lake Hills Elementary	Tuesday May 1, 2012 from 3:15-4:25pm	Bellevue (14310 SE 12th St, Bellevue, WA 98007)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Loyal Heights Elementary A	Monday April 30, 2012 from 3:45-5:00pm	North Ballard, Seattle (2511 NW 80th St, Seattle, WA 98117)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Loyal Heights Elementary B	Tuesday May 1, 2012 from 3:45-5:00pm	North Ballard, Seattle (2511 NW 80th St, Seattle, WA 98117)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Madrona Elementary	Tuesday May 1, 2012 from 3:20-4:45pm	SeaTac (20301 32nd Ave S, SeaTac, WA 98198)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Madrona K-8	Tuesday May 1, 2012 from 3:40-5:00pm	Madrona, Seattle (1121 33rd Ave, Seattle, WA 98122)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Maywood Hills Elementary	Monday April 30, 2012 from 3:15-4:35pm	Bothell (19510 104th Ave. NE, Bothell WA 98011)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Monte Cristo Elementary	Tuesday May 1, 2012 from 3:15-4:45pm	Granite Falls (1201 100th St NE, Granite Falls, WA 98252)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
North Beach Elementary	Monday April 30, 2012 from 3:05-4:35pm	North Ballard, Seattle (9018 24th Ave NW, Seattle, WA 98117)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle

Northgate Elementary	Monday April 30, 2012 from 3:15-4:45pm	Northgate, Seattle (11725 1st Ave. NE, Seattle WA 98125)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Old Redmond Schoolhouse A	Tuesday May 1, 2012 from 3:40-5:00pm	Redmond (16600 NE 80th Street, Redmond, WA 98052)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Old Redmond Schoolhouse B	Tuesday May 1, 2012 from 3:40-5:00pm	Redmond (16600 NE 80th Street, Redmond, WA 98052)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Parkside Elementary	Tuesday May 1, 2012 from 3:50-5:15pm	Des Moines (2104 S 247th St, Des Moines WA 98198)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Parkwood Elementary	Monday April 30, 2012 from 3:05-4:35pm	Shoreline (1815 N. Wallingford, Shoreline WA 98133)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Pathfinder School	Tuesday May 1, 2012 from 2:45-4:15pm	West Seattle (1901 SW Genesee St, Seattle, WA 98106)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Ridgecrest Elementary A	Monday April 30, 2012 from 3:05-4:35pm	Shoreline (16516 10th Ave NE, Shoreline, WA 98155)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Ridgecrest Elementary B	Tuesday May 1, 2012 from 3:05-4:35pm	Shoreline (16516 10th Ave NE, Shoreline, WA 98155)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Sacajawea Elementary	Monday April 30, 2012 from 3:10-4:40pm	Maple Leaf, Seattle (9501 20th Ave NE, Seattle, WA 98115)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Stevens Elementary	Monday April 30, 2012 from 3:10-4:30pm	Capitol Hill, Seattle (1242 18th Ave NE, Seattle, WA 98115)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Thorndyke Elementary	Tuesday May 1, 2012 from 3:20-4:45pm	Tukwila (4415 S 150th St, Tukwila, WA 98188)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle
Tukwila Elementary	Monday April 30, 2012 from 3:20-4:45pm	Tukwila (5939 S 149th St, Tukwila, WA 98188)	May 19, 2012 at 9:00-12:00	Seward Park, Seattle