



Returning Coach Application

Mail or fax applications to:
Girls on the Run of Puget Sound
Attn: Becky Antilla
1265 S. Main St., Suite 310
Seattle, WA 98144
Fax: 206-524-5526

Application Deadline: February 3rd, 2012

Questions: Contact Becky Antilla at becky@girlsrun.org or
206-528-2118

CONTACT INFORMATION

Name: _____ Birth Date: _____ Age: _____

Phone: Home _____ Cell _____ Work _____

Address: _____ City: _____

State: _____ Zip Code: _____ E-mail Address (required): _____

Race (optional): Caucasian African American American Indian Asian Hispanic Pacific Islander
 Multi-Racial Other: _____ Abstain

Preferred Method of Contact (check any that apply): E-mail Home Phone Cell Phone Work Phone

T-shirt Size (unisex, adult sizes - check one.): Small Medium Large Extra Large Extra-Extra Large

List the **last** GOTR season and site you coached: _____

COACH POSITION PREFERENCES

Indicate your coach position preference by ranking the positions with 1, 2, or 3 (1 indicates highest interest).

Please read through the coach position description, which can be found at <http://girlsrun.org/get-involved/coach/> before filling out this part of the application. **Although our preference is for coaches that can coach two days a week, we are happy to work with you if you can only coach once a week.** Please contact our office to discuss options if you are only able to coach once a week.

_____ Lead Coach _____ Co-Coach _____ Sub Coach

PROGRAM SITE PREFERENCES

Indicate the top three program sites you prefer to be placed for coaching. Program locations along with addresses, days and times are available at <http://girlsrun.org/our-program/locations/>. Program site assignments for coaches will be announced on or before Friday, February 17th, 2012.

Program site:	Days available to coach:
1. _____	_____
2. _____	_____
3. _____	_____

FIRST AID & CPR CERTIFICATION: *One coach at each site is required to be CPR & 1st Aid certified*

- I am First Aid certified. Expiration date of certification: _____
- I am CPR certified. Expiration date of certification: _____
- I am not First Aid or CPR certified, but I am willing to obtain certification in both prior to the start of the program.

Questions: Contact Becky Antilla, Program Manager, at becky@girlsrun.org or 206-528-2118

Thank you for applying to volunteer coach again! We appreciate your continued support to inspire girls to be healthy, joyful, and confident!

Girls on the Run of Puget Sound (GOTRPS) aims to foster an environment that recognizes, respects, and values different backgrounds and talents. GOTRPS is committed to provide equal opportunities and will not tolerate discrimination or

harassment on the basis of race, color, religion, sex, gender, sexual orientation, national origin, age, or disability. Employees and volunteers are encourage to exhibit a personal commitment to supporting equal opportunity and the understanding that it is an important part of our culture.